

Irritable Bowel Syndrome

Chronic Asthmatic Bronchitis

AMIT KUMAR

Hi I am Amit Kumar 31 Yrs old working for MNC Bank;

Although I was a "Believer" in Homeopathy since beginning my faith was restored and

reaffirmed by DR SUNIL MEHRA. I still recall that day I first interacted with Dr Mehra, it was a Saturday morning & I was first one to reach his clinic having suffered over the 2 weeks due to loose motions. I don't recall any professional (FORGET DOCTOR) with so much confidence which Dr Mehra displayed in our first meeting.

I could not believe initially that I was suffering from a chronic problem like IBS. I wondered "WHY ME" & "WHY DID GOD CHOOSE ME"

but Dr Mehra's assurance made me realize that I was in safe hands. DR MEHRA may come across as very aggressive & assertive in some of the initial interactions with patients but let me assure that that was this quality of his which ensured my speedy recovery.

DR Mehra's methods are rather radical and different but they are most effective as it was proved in my treatment. It is I considered myself to be a perfectly healthy young man with no problems whatsoever when suddenly I hit a rock. What we don't realize is that McDONALD is PIZZA HUTS are not making food they are churning out patient's diseases from their outlets. Yes u may think that I am taking too ORTHODOX but yes "ORIGINALITY NEEDS TO BE PRESERVED" which I learnt from DR MEHRA.

He made me understand the difference

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between "MEDICATION", "SELF-MEDICATION" & "TREATMENT". U may medicate or self-medicate yourself by using OTC drugs but TREATMENT is ongoing process which actually starts once you leave the Doctor's clinic.

A Healthy Body is like visiting a temple which is worshipped daily and not occasionally when we do MEDICATION.

Today I have recovered (more than 70%). But I believe with DR MEHRA'S guidance I will recover 200%.

There are other I things which may appear trivial but are very important "For your health". For ex. Keeping a diet chart, having regular medicines, DIET & TRIANCE which I read every time I visit his clinic.

DR MEHRA once told me that "WE DON'T ENJOY THINGS WHICH WE HAVE RATHER WE CRINGE ABOUT WHAT WE DON'T".

Locally something which all of us forget.

I have not only found a reliable family Doctor but also a guide & friend for life.

ANANYA'S TREATMENT (FEB 10 - DATE)

My daughter, Ananya is 4 years old and she had been suffering from BRONCHITIS

since she was 4 months old. Once when she was 4 yr old we had to admit

her in ICU for 2 days. Our doctors then asked us to buy a NABOLIZER.

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as she was prone to such attacks thus we had accepted the fact that ~~her~~^{she} ~~depts~~ would be using the NABOLIZER at all times. Ananya had suffered atleast 4 attacks till the time we referred her to DR MEHRA. Ananya's treatment has been real revelation for me atleast as how a child can be so well understood and handled accordingly. My wife NITI KUMAR also played an imp role in follow up to Doctor's instructions and ~~surprised~~ results are not surprising. 4 months into the treatment Ananya has shown remarkable resistance to cold & allergies we have not given her ANY ANTI BIOTICS or NABOLIZATION of any sort and the child is touch wood feeling much more relaxed. I request all young PARENTS who have children below 5 YRS to completely avoid any ANTI BIOTICS (w/ the US necessary) and stick to DR MEHRA advice. I am grateful to God that I met a doctor at the right juncture where I can guide back my family's health to the right track. Now we are shifting out of Mumbai but we will always remain in touch with DR MEHRA ~~and~~ due to a simple fact that he is the only guy who will talk about RESTORING & MAINTAINING HEALTH rather than curing problems.

Thanks

Amit